

Press release

Prague, March 30, 2021

Join the ecological challenge Biking to work. You can also sign up while working from home

More movement, joy of life and less emissions, all this is brought about by the ecological challenge Biking to work. In May, despite the state of emergency, the 11th year is taking place and due to restrictions, it will be possible to upload any non-motorized routes to the system. Last year, despite government regulations, over 16,000 people from all over the country participated, saving 493 tons of CO2. For many people, after a year at the home office, the movement to which the challenge motivates is one of the means to stay mentally and physically fit. All participants will receive a starter pack, which will traditionally be delivered free of charge by the GLS transport company. You can register at www.dpnk.cz.

The eleventh year of the Biking to work project tries to motivate the public not only to use ecological means of transport, but also to move more in the coronavirus period. It is a very effective prevention of depression, anxiety and other unpleasant conditions, which more and more people are now facing. Therefore, as in the previous year, it will be possible to record any non-motorized journeys in the call, such as a shopping trip, a post office or medical walks in the park. So working from home is not an obstacle to participation. Invite a colleague and your employer to participate. For companies, participating in the To Work on a Bike challenge is a good opportunity to strengthen the health of employees, improve the air quality in your area and present it to the public. You can register until the end of April.

Hundreds of tons of CO2 saved per month

Last year's tenth year saved 493 tons of CO2 in one month thanks to high participation. As a general partner, the GLS transport company is participating in the project for the fifth time, for which ecological transport is an extremely important topic. The package carrier will deliver start packages with competition T-shirts to all participants free of charge. *"Protecting the environment is extremely important to us. As part of the ThinkGreen program, we plant hundreds of trees in the Czech Republic every year to help offset CO2 emissions, and this year we put into operation a large-capacity electric van and the first truck electric bicycle to deliver packages in the center of Prague since November. We are glad that this topic is close to our employees. Approximately 30% of the employees of the Czech GLS headquarters participate in the project every year,"* says Pavel Včela, director of GLS Czech Republic.